

Fitness by Design

Application for Employment

Fitness Instructor

Equal access to all programs, services and employment is available to all persons.

Position(s) applied for _____ Date of Application ___/___/___ Birth Date ___/___/___

Name _____ Social Security # _____

Address _____

Telephone# (____) _____ Other phone# (____) _____ E-mail Address _____

Are you legally eligible for employment in this country? _____

Type of employment desired Full-time Part-time Educational Internship

How did you hear about this position? _____

Have you ever pled "guilty" or "no contest" to, or been convicted of a crime?..... Yes No

If yes please provide date(s) and details _____

Answering "yes" to these questions does not constitute an automatic bar to employment. Factors such as date of the offense, seriousness and nature of the violation, rehab and position applied for will be taken into account.

May FBD do a background check on you?..... Yes No

How soon would you be available to begin working with us? _____

When would you be available? (circle all that apply)

Monday : AM PM * Tuesday : AM PM * Wednesday : AM PM * Thursday: AM PM

Friday: AM PM * Saturday AM

List three business references>

Name	Relationship	Telephone#	Years Known
------	--------------	------------	-------------

1. _____

2. _____

3. _____

Please answer the following questions as accurately and completely as possible. On the next page.

1. Why do you want to work in the Fitness Industry?

2. Is the exercise industry your first preference of choice, or were you considering other industries to work in, and if so please name the other industries.

3. What are your other job possibilities and how do you feel about each one?

4. Describe in detail your current exercise routine.

5. Our members expect a clean environment. Because we work as a team, we are all expected to clean. Do you feel comfortable sweeping carpets and cleaning equipment?

6. Consider all of your previous work experience, and the companies you've worked for, where have you been the most successful? Why?

7. Name three aspects about your current or previous job that you like the best. Why?

A.

B.

C.

8. Name three aspects about your current or previous job that you like the least. Why?

A.

B.

C.

9. What are you looking for in your next career?

10. Rank the following list of values in order of importance to you. (1-10 * 1 being the highest)

___ **Responsible**

___ **Perseverance**

___ **Positive**

___ **Honesty**

___ **Hard-working**

___ **Passion**

___ **Integrity**

___ **Professional**

___ **Gratitude**

___ **Discipline**

11. Name one thing you feel you do better than anybody else in detail.

12. Name three things you would like to improve about yourself.

A.

B.

C.

13. What kind of working environment do you prefer? (circle one)

Unsupervised Somewhat supervised Supervised Very Supervised

14. Do you feel comfortable being a salesperson everyday, if so what makes for a great salesperson?

15. How much money do you expect to make your first year, second year, and third year as a fitness instructor?

Year one____ Year two____ Year three____

16. Sell yourself. Why should you get this opportunity to work at FBD?

Make sure you have answered all questions as accurately and completely as possible!

